

## Small Bowel Series Preparation Instructions

Date: \_\_\_\_\_ Time: \_\_\_\_\_ Location: \_\_\_\_\_

### What to expect for this test:

- This study is done to evaluate your entire small intestine.
- You will drink x-ray contrast (barium or gastrografin) and have an x-ray taken every 15-30 minutes until the contrast reaches the end of your small intestine.
- You will lay on a table for the duration of this test.
- The study can range from 30 minutes to 4 hours depending on your anatomy and how quickly your intestines move the contrast through.
- You should wear loose clothing without buttons, zippers, or any metal fixtures/closures.
- Any clothing with metal on it will have to be removed for the study.

### One day prior to the study:

- **Do not** eat or drink anything after midnight (12am)

### Day of the study:

- You may take your regular morning medications (ask your doctor about your diabetes medications) the morning of the study, with a small sip of water.