



Sitz Marker X-Ray Study Preparation Instructions

Date: _____ Time: _____ Location: _____

Why this test is done:

This test is done to evaluate your digestive tract for causes of chronic or ongoing constipation.

What to expect for this test:

- You will swallow the Sitz marker in the radiology office/department and have an x-ray taken of your abdomen.
- You will return to the radiology office/department on day 3 for another abdominal x-ray. At that time the radiologist will determine if you need to return on day 5 for an additional x-ray.