



## Gastric Emptying Scan Preparation Instructions

Date: \_\_\_\_\_ Time: \_\_\_\_\_ Location: \_\_\_\_\_

### What to expect for this test:

This study takes about 4 hours and will be evaluating the stomach muscle's ability to move food to your small intestine to be digested.

### Day before the test:

- **Do not** eat or drink after midnight (12am) the night before your study
- **Do not** take any medications (especially for your stomach or any narcotics) for 24 hours before the study
- You may have a small amount of plain, non-carbonated water after midnight (12am) to wet your mouth, but that is the only thing. **Do not exceed 4 ounces and do not drink anything 2 hours prior to the study.**