

## Barium Swallow/Esophagram Preparation Instructions

Date: \_\_\_\_\_ Time: \_\_\_\_\_ Location: \_\_\_\_\_

### What to expect for this test:

- This study is done to evaluate the function of your esophagus between your mouth and the entry point to your stomach.
- It will involve drinking an x-ray contrast (barium or gastrografin), gas crystals, and a barium tablet (if necessary).
- The study takes 10-15 minutes and will involve you standing and laying on a table alternately.
- You may eat and drink normally before and after this test.
- We recommend you wear loose clothing without buttons, zippers, or metal fixtures/closures.
- Any clothing with metal items on it will have to be removed for the study.

### Additional Notes for Modified Barium Swallow or Videofluoroscopic Swallowing Assessment (VSA):

- The test is performed by the radiology team and a Speech Pathologist.
- You will be eating and drinking different food consistencies mixed with x-ray contrast (barium).